

JANUARY 2012



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 EXERCISE 11:00 LUNCH 11:30 BINGO 12:00	3 QUILTERS TAI CHI 11:00 LUNCH 11:30	4 LINE DANCING 8-11 LUNCH 11:30 BRIDGE 12:30	5 TAI CHI 11:00 LUNCH 11:30	6 EXERCISE 11:00 LUNCH 11:30	7
8	9 EXERCISE 11:00 LUNCH 11:30 BINGO 12:00	10 QUILTERS TAI CHI 11:00 LUNCH 11:30 BLOOD PRESSURE CCVNA	11 LINE DANCING 8-11 LUNCH 11:30 BRIDGE 12:30	12 TAI CHI 11:00 LUNCH 11:30	13 EXERCISE 11:00 LUNCH 11:30	14
15	16 <u>CLOSED</u> <u>MARTIN LUTHER</u> <u>KING DAY</u>	17 QUILTERS TAI CHI 11:00 LUNCH 11:30	18 <u>BIRTHDAY DINNER</u> LINE DANCING 8-11 LUNCH 12:00 BRIDGE 12:30	19 TAI CHI 11:00 LUNCH 11:30	20 EXERCISE 11:00 LUNCH 11:30	21
22/29	23/30 EXERCISE 11:00 LUNCH 11:30 BINGO 12:00	24 /31 QUILTERS TAI CHI 11:00 LUNCH 11:30 BLOOD PRESSURE GREAT TRAIL	25 LINE DANCING 8-11 LUNCH 12:00 BRIDGE 12:30	26 TAI CHI 11:00 LUNCH 11:30	27 EXERCISE 11:00 LUNCH 11:30	28

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JANUARY 2012	TO ACCESS INGREDIENTS	CONTACT DONNA @	330-627-7017	HAPPY NEW YEAR!
2 CLOSED Happy New Year	3 Smoked Sausage Peppers & Onions Tater Tots Carrots Applesauce Bun	4 Potato Soup Roast Beef & Swiss 3-Bean Salad Peaches Bun \ Crackers	5 Baked Chicken Garden Rice Blend Broccoli Fruit Cocktail Juice \ Bread	6 Hamburger Gravy Mashed Potatoes Mixed Vegetables Pears Biscuit
9 Pork Patty Sweet Potato Fries Green Beans Oranges Bread	10 Spaghetti \ Meat Sauce Peas & Carrots Spicy Peaches Juice Italian Bread	11 Italian Chicken Parsley Potatoes Spinach Fruited Jell-o Bread	12 Meatloaf \ Gravy Mashed Potatoes Corn Tropical Fruit Bread	13 Hot Dog \ Sauerkraut Cheesy Potatoes California Blend Veggie Citrus Sections Bun
16 CLOSED Martin Luther King Jr. Day	17 Salisbury Steak \ Gravy Mashed Potatoes Brussels sprouts Juice Bread	18 <u>Birthday Dinner</u> Pork Chop Scalloped Potatoes Green Beans & Carrots Applesauce Dessert \ Dinner Roll	19 Monterey Chicken Baked Potato \ Sour Cream Winter Blend Vegetable Oranges & Pineapple Bread	20 Baked Fish Baby Bakers Tomatoes & Zucchini Mixed Fruit Bread
23 Oven Fried Chicken Augratin Potatoes Mixed Vegetables Pineapple Bread	24 Liver & Onions Mashed Potatoes Green & Wax Beans Peaches Dinner Roll	25 Vegetable Beef Soup Cheese Cubes Banana \ Juice Crackers Bread	26 Cheese Burger Seasoned Potato Wedges Baked Beans Apricots Bun	27 Stuffed Shells Broccoli Baked Apples Juice Bread
30 Pepper Steak Rice Sugar Snap Pea Blend Pears \ Juice Bread	31 Cabbage Roll Mashed Potatoes Green Beans Fruit Cocktail Bread		Suggested Donation \$2.00 Birthday Dinner \$3.00	