

Carroll County Senior Citizens' Friendship Center Monthly Newsletter

JANUARY 2012



M-F 8:00-4:00
P.O. Box 14
100 Kensington Rd.
Carrollton, Oh 44615
(330)-627-7017
(330)-627-7205
Fax (330)-627-7936

Director, Sue Henderson
Email: carrollcoseniorcenter@frontier.com
Web Page: www.carrollcountyohio.us/seniorcenter.html

DeeDee Miller, Asst. Director
Sherry Casper, Data Entry, I&R
Cheryl Williams, Sherrodsville
Donna Schissler, Head Cook
Sandy DeLong, Asst. Cook
Cindy Starcher, Kitchen
Sarah Johnson, Maint./ Kitchen
Kathy Crum, HDM Driver
Barbara Tobin, HDM Driver
Freda Luyster, HDM Driver
Patty Babe, HDM Driver
Elizabeth Neider, Sub Driver
Annette Welch, Sub Driver
Michelle Mills, Sub Driver
Tom Barnett, Sub Driver
Lorraine Pratt, Maintenance

SATELLITE NUTRITION SITE

SHERRODSVILLE NUTRITION SITE
80 HILL DR.
740-269-2200

VOLUNTEERS

GEORGE ABEL
LOIS HILLIARD
BERNARD YOST
RITA YEAGER
BETTY KINNEY

HAPPY NEW YEAR!!!

HAPPY NEW YEAR

CARROLL COUNTY COUNCIL ON AGING

The Carroll County Council on Aging meets the first Thursday of each month at 10:00 a.m. at The Friendship Center. The next meeting will be held January 5th. (February 2nd, 2012.) These meetings are open to the public and we encourage your participation. Current Officers are: President - Adele Miller, Vice President – Donna Walters, Secretary – Beulah Bland, Treasurer – Ruth Ann Tinlin, and 3 Trustees – Bernard Yost, Margaret McCort, & Lois Hilliard.



CONGREGATE MEALS

A hot nutritious meal is served each day at the Senior Citizens' Friendship Center and our satellite site in Sherrodsville at 11:30 am. The Center's meals are no salt added and diabetic substitutes are available. This meal gives seniors the opportunity to gather together and alleviate the loneliness of eating alone.

It is very difficult for our nutrition coordinator to plan and prepare the meals each day without an accurate count, so **please call to make your reservation by 9 a.m.** and please call to cancel if you have registered and find that you will be unable to attend.

* Friendship Center, call
330-627-7017

* Sherrodsville Lions' Club,
80 Hill St., call Cheryl at
740-269-2200

Suggested donation is \$2.00 per meal,
\$3.00 per meal for Birthday Dinner.

WHO SAID "GOLLY"?
GOMER PYLE

CARROLL COURT & CARROLL SQUARE

Carroll Court and Carroll Square have been added to our congregate locations on a one-day-per-week basis. Meals will be delivered to the community room at Carroll Square on Thursdays at noon and Carroll Court on Fridays at noon. Registration for meals must be made by noon the day before. Sign-up sheets will be available each week in the community rooms.

HOME DELIVERED MEALS

The same meal served at the Center is also available for individuals or couples through our home-delivered meals program. Individuals must be 60 years of age or older, homebound, and a Carroll County resident. Frozen meals are also available for the weekend for those who want them. Regulations forbid leaving meals in a cooler, but they may be left in the refrigerator. Please communicate with your driver about this issue. Suggested donation is \$2.00 per meal. When paying for home-delivered meals, please remember to make checks payable to: "Friendship Center" or "Carroll County Council on Aging." Post-dated checks cannot be accepted.

JANUARY EVENTS

STICK TO YOUR NEW YEARS RESOLUTIONS!!

BIRTHDAY DINNER

January Birthday Dinner will be held on Wednesday, January 18th. Entertainment provided by-. Please call to make a reservation to join us January 18th, whether you celebrate a birthday or not. Please remember that the suggested donation for Birthday Dinner is \$3.



MARCY HERBERT FOR DONATION OF TAPES.

CARROLLTON GARDEN CLUB FOR HOLIDAY TREATS FOR HOME DELIVERED MEAL CLIENTS.

ARLA SECK FOR DONATION OF ORNAMENTS.

ROSE SECK FOR BIRTHDAY DINNER MUSIC AND SING-A-LONG.

WANTED

BRIDGE PLAYERS FOR WEDNESDAY AFTERNOON FROM 12:30-3:00, AT THE FRIENDSHIP CENTER, CALL 330-627-7017 FOR MORE DETAILS.

WHAT WAS THE PIG'S NAME ON GREEN ACRES?

ARNOLD ZIFFEL.

WINTER IS COMING AND HEAP TIME IS HERE AGAIN

CALL SHERRY CASPER AT THE FRIENDSHIP CENTER IF
YOU HAVE ANY QUESTIONS---**330-627-7205**
MONDAY THRU FRIDAY FROM 8 A. M. -4 P.M.
INCOME GUIDELINES

1 PERSON--\$21,780.00
2 PERSONS--\$29,420.00
3 PEROSNS--\$37,060.00
4 PERSONS--\$44,700.00
5 PERSONS--\$52,340.00

**GREAT TRAIL CARE CENTER WILL BE
HERE THE FIRST MONDAY OF EACH
MONTH FOR BINGO WITH PRIZES!**

SOCIETY FOR EQUAL ACCESS

HERE AT THE FRIENDSHIP CENTER THE 2ND.
THURSDAY OF EACH MONTH
FROM 9 A. M. TILL NOON
CALL 330-343-9292 FOR AN APPOINTMENT



Then come the wild weather, come sleet
or come snow, we will stand by each
other, however it blow.

CARROLL COUNTY TRANSIT



Carroll County Transit provides transportation in and around Carrollton and outside Carroll County. Routine stops include Discount Drug Mart, Mondays and Wednesdays at 12:00, Dollar General Market Thursdays at 12:00, and Thornes on Tuesdays at 8:30 and 12:00. Transportation to the Senior Center is also available on a daily basis M-F. Other transportation services are also available. To take advantage of transit locally and out of town, please call them at
330-627-1900.

ENSURE PRODUCTS

**ENSURE PRODUCTS ARE AVAILABLE
AT THE FRIENDSHIP CENTER.
FRICES ARE PER CASE;
ENSURE...\$26.00
ENSURE PLUS... \$28.00**

WE HAVE VANILLA, CHOCOLATE, BUTTER PECAN
AND STRAWBERRY.

ENJOY THE FULL MOON
ON JANUARY 9TH.

MEDICAL TRANSPORTATION

Carroll County Transit is now providing all of our appointments. You must, however still call the Friendship Center at 330-627-7017 to schedule your medical trips. We **MUST** have at least 72 hours to arrange your transportation. More notice is always better. *Donations to offset costs are welcome and appreciated and may be given to the driver or to the Friendship Center.*

INFORMATION & REFERRAL

This service provides specific information as to the particular agency to call regarding certain needs you may have. The Center will assist in making appointments and will follow up to ensure your needs have been met.
Call 330-627-7017

**TO READ A POEM IN JANUARY ,
IS A LOVELY AS TO GO FOR A
WALK IN JUNE.**

THINGS TO DO AT THE CENTER

EUCHRE

THURSDAY NIGHT EUCHRE WILL
RESUME IN APRIL OF 2012.

LENDING LIBRARY

The Friendship Center has a nice selection of books, VHS Tapes, DVD's and puzzles to help pass the time. Stop by, borrow what you'd like and return them when you are finished! Home Delivered Meal clients can just call in for further information. 330-627-7017

COMPUTER



We have a computer in the Social Room at the Friendship Center and it is available to any senior citizen age 60 or over who is a resident of Carroll County. If you would like to email us, our email address is:

carrollcoseniorcenter@frontier.com

Feel free to come to the Center anytime to surf the net!

**REMEMBER WE ARE CLOSED ON
JANUARY 16TH. FOR MARTIN LUTHER
KING DAY.**

FREE COFFEE & DONUTS

We offer free coffee and donuts each morning, M-F at 8 a.m. Please stop by for a bite to eat, some conversation and a look at the morning paper.

LINE DANCING

Line dancing classes are held each Wednesday at the Friendship Center in Carrollton. Beginners meet from 8 a.m. to 9 a.m. and intermediate to advanced dancers meet from 9 a.m. – 11 a.m. Please join instructor Sue Frase and the dancers for a fun-filled morning!

EXERCISE & TAI CHI

Exercise classes are held every Monday and Friday at 11 a.m. Tai Chi classes are held on Tuesday and Thursdays at 11 a.m. We hope that you will join in these classes which are led by Sue Henderson.

BRIDGE PLAYERS

Bridge players meet here each Wednesday at 12:30. Contact the Center if you would like to play Bridge.

JANUARY BRINGS THE SNOW THAT MAKES
OUR FEET AND FINGER GLOW.

BLOOD PRESSURE CHECKS

@ 11:00

The Carroll County Visiting Nurses will be here for Blood Pressure checks on Tuesday January 10th. and Great Trail Care Center will be here on Tuesday January 24th.

B-I-N-G-O



Bingo players meet each Monday at noon and play for 5¢ a card.

CARD PLAYERS

Looking for something to do after lunch? Stop by the Center anytime for a game of Euchre, Skip-Bo, Aggravation, or something new. We also have Dominoes and checkers available.



Wii

We have a Wii game system available for anyone who would like to try their hand at bowling, target shooting, or any of the other games.

**REMEMBER THE SAYING;
SLOW AS MOLASSES IN JANUARY**

ALZHEIMERS SUPPORT GROUP

There is not currently an Alzheimer support group in Carrollton, but the Minerva group holds their meetings the last Thursday of each month at 11:00 at the Minerva library. Help is also available from 1-800-272-3900.

SOCIAL SECURITY AND MEDICARE

The New Philadelphia Social Security Office is now located at 1260 Monroe St. Suite 1C and can be reached at 1-866-731-4236.

The Steubenville Office is located at 500 Market St on the 4th floor and the number is: 740-282-6265.

1-800-772-1213. The Medicare number is 1-800-282-0530.

LEGAL SERVICES

Funds are provided to pay up to \$250 per person per year for a wide variety of legal services from participating Carroll County attorneys. There is an hourly fee cap for these services.



GOLDEN BUCKEYE CARDS

Applications and temporary cards are available at the Senior Center. You must present proof of identity and age (60 or older). Suitable forms of ID include a driver's license or birth certificate.



AIRPORT REST . BREAKFAST

The Airport Restaurant offers a widows' and widowers' breakfast the second Tuesday of each month at 9:00. Please stop by on January 10th for breakfast and conversation! Participants purchase their own breakfast from the menu.

TELEPHONE REASSURANCE

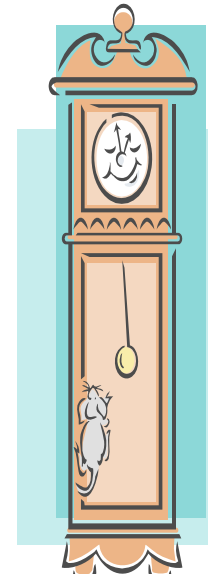
Volunteers are utilized to provide a daily phone call to persons who are home-bound or just in need of companionship and outside contact.

ARE YOU ONLINE?

Would you be interested in receiving your newsletter via email? If so, give us a call at 330-627-7017 or email. We can save money on copies and postage by emailing the information to those of you using the internet.

Tick Tock

I'm writing this in a state of shock,
Watching the clock—tick tock, tick tock,
Advancing, approaching, relentlessly,
A brand new year; Oh, can it be?
The calendar says the same thing, too;
Time races, vanishes for me; Boo hoo!
No, wait! If time flies, I'm having fun!
A year of fun! It's gone! It's done!
I now embrace the blur of time,
Because it simply means that I'm
Too busy with pleasure, joy, delight
To mourn the passing days' swift flight.
So I'm wishing you fast, happy days,
Pleasing you in myriad ways,
Filled with happiness and cheer,
Oh Happy, Happy Bright New Year!



HAPPY NEW YEAR

S E I B A B N E W Y E A R S E V E Y
G C H A M P A G N E T Y I M N S T T
E N S S U E T H C D A N C E D R H R
S Q I N F E T O O D M U A Y O E I A
E F C G F I N A S L S U E R F K R P
D H E F N F R R R R I A S E D A T S
A I U S E I A S E B R D N I E M Y K
R B B T T E S M T I E S A F C E F R
A M T A Y I A N N O R L A Y E S I O
P I S W L E V R O E F T E E M I R W
N D E A R L E I N I H J V C B O S E
D N E T R V O N T E T E A S E N T R
A I S W I A A O R I N A S N R O H I
Y G Y E O B I T N T E I R R U K C F
O H W I N E I T S S K S I O H A T S
N T Y L I M A F N O I S A C C O R T
E T S A E F S N O I T U L O S E R Y
S R E Z I T E P P A Y F R I E N D S

APPETIZERS	DECORATIONS	HATS	PARADES
BABIES	END OF DECEMBER	HOLIDAY	PARTY
BALLOONS	EVENTS	HORNS	PUNCH
BANNERS	FAMILY	KISS	RESOLUTIONS
BUFFET	FATHER TIME	MIDNIGHT	SINGING
CELEBRATE	FEAST	MUSIC	STREAMERS
CHAMPAGNE	FESTIVITIES	NEW YEARS DAY	THIRTY FIRST
CONFETTI	FIREWORKS	NEW YEARS EVE	TIARAS
DANCE	FIRST OF JANUARY	NOISEMAKERS	WINE
DAY ONE	FRIENDS	OCCASION	YEAR IN REVIEW